

Seal Beach Police Department 911 Seal Beach Boulevard, Seal Beach, CA 90740

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## FOR IMMEDIATE RELEASE

Contact: Lieutenant Julia Clasby (562) 799-4100 ext. 1161 jclasby@sealbeachca.gov

## DUI DOESN'T JUST MEAN BOOZE: BEST BUDS STAY SOBER BEHIND THE WHEEL

Seal Beach, CA – With 4/20 celebrations approaching, the Seal Beach Police Department reminds everyone to celebrate responsibly and prioritize their own safety and that of others. Although recreational and medicinal use of marijuana is legal in California, don't let the high times cloud judgment on the road.

"Whether it is on 4/20 or any other day, it is unsafe and illegal to drive under the influence of marijuana," Chief Michael Henderson said. "It's important to make responsible choices, especially when it comes to getting behind the wheel."

If you plan to participate in 4/20 activities and consume marijuana, plan ahead, designate a sober driver or consider staying in and ordering delivery from local establishments. Do not drive, and never ride with an impaired driver. Driving under the influence of marijuana is dangerous, illegal and has serious consequences.

Studies have shown that THC, the active ingredient in marijuana, can slow reaction times and make it more difficult for drivers to judge distances and keep a steady position in their lane.

If you see an impaired driver on the road, safely pull over and call 911.

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